



INTERNATIONAL ASSOCIATION
OF FIRE FIGHTERS



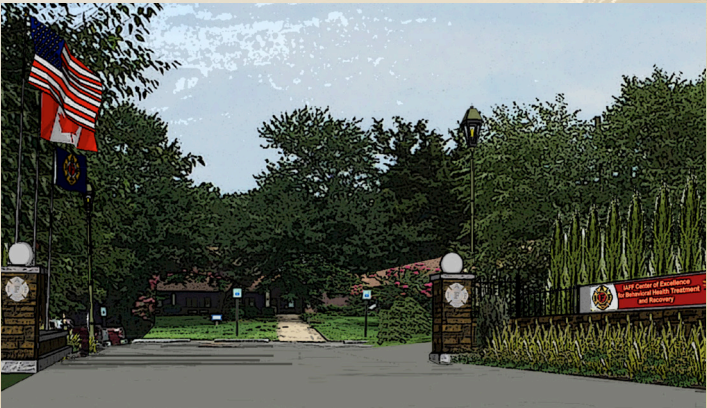
ADVANCED RECOVERY
SYSTEMS
an advanced approach to patient care

IAFF Center of Excellence for Behavioral Health Treatment and Recovery

YOU ARE NOT ALONE — HELP IS HERE

Exclusively for IAFF members

24/7 Call Center (855) 900-8437



Substance Abuse • PTSD • Behavioral Health

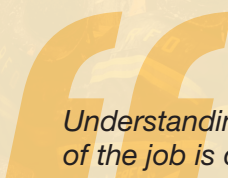
www.IAFFRecoveryCenter.com

EXCLUSIVELY FOR IAFF MEMBERS

Our union has a strong history of being the leader in the fire service for advocating for the health and safety of our members.

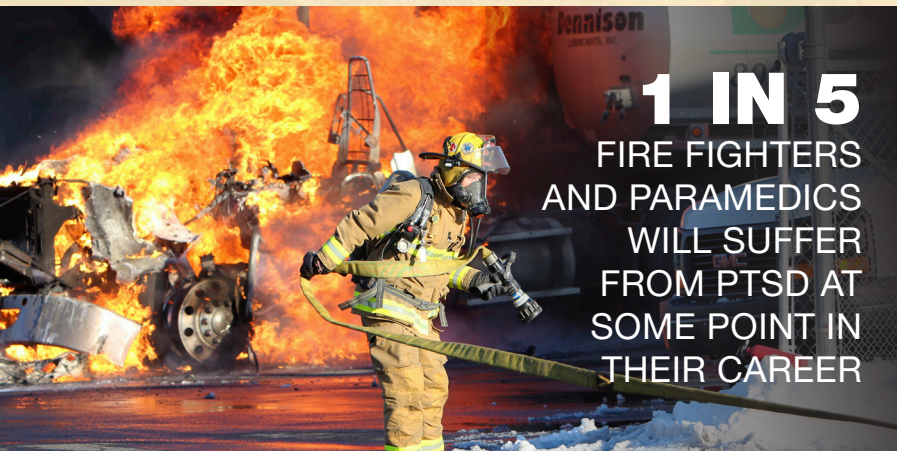
We have made it a priority to raise awareness of behavioral health issues, reduce the stigma associated with asking for help and provide the necessary support and access to resources to assist our members struggling with addiction and co-occurring post-traumatic stress disorder.

We have partnered with Advanced Recovery Systems, a leader in behavioral healthcare management and addiction treatment, to build the IAFF Center of Excellence for Behavioral Health Treatment and Recovery exclusively for IAFF members who are struggling with alcoholism or drug abuse and need help addressing co-occurring behavioral health issues such as PTSD, depression or anxiety.



Understanding the behavioral and physical effects of the job is critical to keeping you safe so you can continue to keep our communities safe.

— IAFF General President Harold Schaitberger




1 IN 5
FIRE FIGHTERS
AND PARAMEDICS
WILL SUFFER
FROM PTSD AT
SOME POINT IN
THEIR CAREER

BEGIN YOUR JOURNEY TO RECOVERY

Fire fighters and paramedics respond to any number of tragic events, and post-traumatic stress is a natural response to the accumulation of what they experience on a daily basis.

Left unaddressed, this acute stress reaction may lead to substance abuse and can develop into Post-Traumatic Stress Disorder (PTSD) – a potentially disabling condition that can impact one in five fire fighters and paramedics at some point in their career.

A host of additional behavioral health issues can also emerge, including anxiety, depression and even suicide.



The most challenging part of the job isn't physical. It's seeing things the human mind wasn't designed to see. There are people that you won't be able to help, or situations you won't be able to mitigate. That is the most frustrating and mentally challenging thing about being a fire fighter.

— *Chuck Talbott, member, Yarmouth, MA Local 2122 and 27-year veteran of the fire service.*

Our Mission

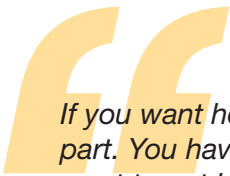
To offer treatment for successful recovery and help IAFF members return to the job.

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92 PERCENT
OF FIRE FIGHTERS
SAY STIGMA IS A
BARRIER TO SEEKING
BEHAVIORAL HEALTH
TREATMENT.

IT'S NOT A SIGN OF WEAKNESS



If you want help, ask for it. Asking is the hardest part. You have to get over your own pride if you want to get better.

— Mike James, member, Burlington, ON Local 1552 and 24-year veteran of the fire service.

The Center of Excellence is the first-of-its-kind facility to provide specialized treatment to address substance abuse and co-occurring disorders — such as PTSD and depression — from medical professionals who understand the fire service culture and the unique pressures of the job.

IAFF members will feel as though they are among their brothers and sisters — because they are.

RECOVERY IS POSSIBLE

The Center offers multiple levels of treatment:

- Detox
- Intensive inpatient and residential care
- Medical monitoring
- 12-step meetings



Designed with fire fighters in mind, the Center's surroundings, facility and furnishings reflect the familiar look of the firehouse. The 15-acre campus includes a state-of-the-art gym and other features that encourage physical activity so members can continue a fitness regimen as a way to help with their recovery and return to the job they love.

The Center will also be used to train and educate peer support members, conduct additional research on PTSD and develop needed protocols for fire departments to address behavioral health concerns.

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OUR STAFF

At the IAFF Center of Excellence, patients form relationships with doctors, nurses and other clinicians who will help them on their way to recovery. During treatment, it is our goal to deliver the highest-quality care possible. That's why we've chosen senior staff with extensive experience and a commitment to care.

Dr. Abby Morris, Medical Director

A graduate of Georgetown University School of Medicine, Dr. Morris is responsible for all inpatient care, training and future planning and for developing a continuum of care that will follow each client throughout their stay at the center. Previous to her appointment to the IAFF Center of Excellence, Dr. Morris was the Medical Director of a 24-bed inpatient facility that treated addiction and behavioral health disorders.

Dr. O'Tilia Hunter, Clinical Director

Dr. O'Tilia Hunter, PhD, NCC, LCPC-S, LCADC-S, is a licensed clinician in the State of Maryland and Washington, DC. Dr. Hunter has worked in the human service field for 30 years, and is the founder of Spiritual Inclusion Theory, which takes a look at the benefits of spirituality as a coping mechanism for individuals. Her specialties include substance abuse and co-occurring disorders, palliative care, grief counseling, behavioral and mental health issues, as well as relationship and marriage counseling.

Tim Craig, Operations Director

Tim is an administrator and consultant with more than 30 years of experience in healthcare and human services. He has an extensive and varied background in behavioral health, with a focus on the provision of services to individuals with substance use disorders. He has served as the director of several treatment programs, and as an administrator within multiple health systems. Tim received his undergraduate degree from the University of Notre Dame, and a Masters in Social Work and a Certificate in Social Administration from the University of Maryland, Baltimore.